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Internship Office

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PURPOSE:

It is the policy of King Abdulaziz University Hospital (KAUH) that all Medical Students shall maintain professional appearance demonstrating cleanliness, neatness, modesty and good hygiene at all patient care areas.

POLICY:

All Medical students at patient care areas shall adhere to the following dress code guidelines:

1. Identification badges must be worn at all times.
 - a. Identification badges are to be clearly visible, above the waist.
 - b. The Lanyard must not interfere with patient care and safety and kept clean.
 - c. Identification badge holders may be worn if not interfering with patient care and safety
2. **Hair:**

For men, must be clean, neatly groomed and controlled.

 - a. Long hair must be secured away from the face.
 - b. Extreme styles and colors are not permitted.
 - c. Fashion head bands or skullcaps are not permitted.

For ladies, must be covered as per the Shariaa law:

 - a. Head scarves shall not interfere with patient care and safety
 - b. Scarves shall not be loose for modesty and safety
 - c. Bright colors and glittery designs are not acceptable
 - d. Black, white or neutral colors shall be used
3. Nails must be short, neat and clean, to avoid irritating patients during clinical examination.
 - a. Nail polish and decorative designs are prohibited.
 - b. **Artificial fingernails are Not allowed** for all staff and students in contact with patients.
4. Jewelry must be plain and inconspicuous.
 - a. Jewelry must not interfere with patient care or safety.
 - b. Necklaces are **NOT** permitted.
 - c. Bracelets or armbands **are not permitted** unless they are a Medical Alert bracelet.
 - d. Only one ring or ring set is allowed.
 - e. Well- fitting, not loose, wrist watch is permitted
 - f. Facial piercing jewelry (i.e. eyebrow, nose, tongue, lip, etc.) **is prohibited**.

Exception: If a nose ring is worn for religious/cultural purposes.
5. Fragrance is not to be used in the hospital and patient care areas.
6. Footwear should be clean, appropriate for clothing, protective and fit securely.
 - a. Shoes should be non-permeable entirely white or black.
 - b. Shoes must have a closed toe and closed heel.
 - c. Canvas shoes or "crocs" with holes are not permitted in patient care areas.
 - d. Shoes and shoelaces must be kept clean. Shoelaces must be white or match shoes.
 - e. Staff must wear hosiery or socks at all times.



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7. Cloth stethoscope covers or decorative items attached to stethoscope are **not permitted**.
8. Uniform/Clothing Standards:
 - a. Undergarments must be worn and inconspicuous under uniform or clothing.
 - b. Clothing must be clean and neatly pressed.
 - c. Faded / yellowish, discolored or ripped clothing is not acceptable.
 - d. All clothing should be non-see through.
9. Blue scrubs are to be worn in the clinical area by all Medical students.
 - a. White turtleneck, or tee shirt; (long or short sleeves) may be worn under the scrub top. **No tee-shirt writing may be visible** under scrub top.
 - b. Blue scrub ankle length pants must be worn in the clinical area.
 - c. Scrub pant bottoms are not permitted to drag on floor.
 - d. **Tight fitting** Scrub pants are **not permitted**.
 - e. White coats to be worn by all; Clean, not tight fitting, and at least of knee length.
 - f. **No sweatshirts or hooded sweatshirts may be worn.**

This policy is intended to ensure patient and staff safety and comfort, while observing the Shariaa law and maintain the professional appearance of all medical students. Failure to follow this policy will be considered as misconduct and will be dealt with accordingly.